

Presentazione finale anno di prova
a.s. '22-'23



I. C. BELLINI - NOVARA

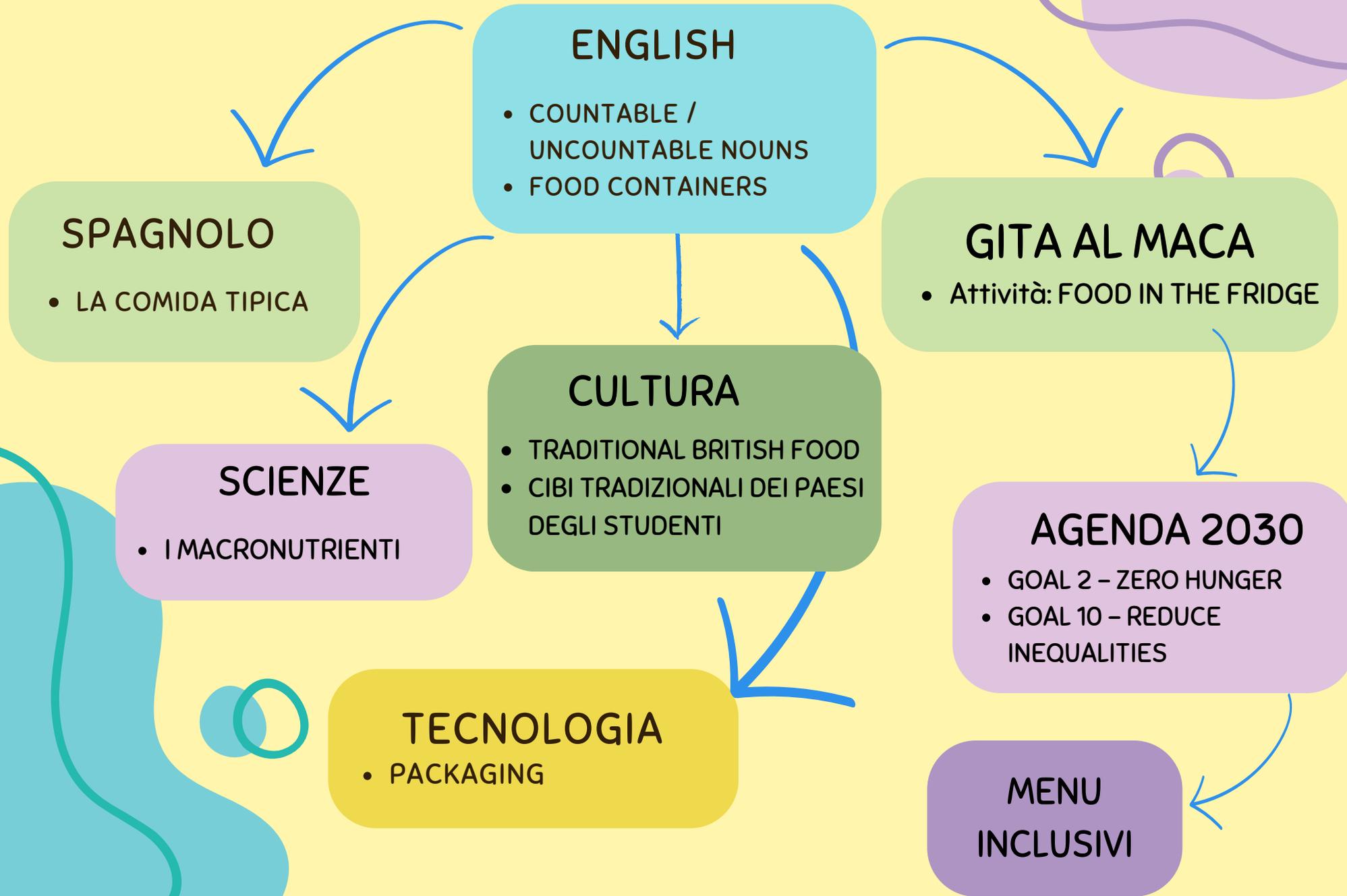
FOOD FOR INCLUSION



Concorso straordinario - art. 59
comma 9-bis. DL 25/05/2021 n. 73

Arianna Burzì

Lesson plan



PROGETTAZIONE

TEMPI E STRUMENTI

- 3 FASI: ASPETTI LINGUISTICI E GRAMMATICALI – LETTURA TESTI DI CULTURA – REALIZZAZIONE ARTEFATTO DIGITALE
- STRUMENTI: LIBRO DI TESTO – INTERNET – MATERIALE VARIO
- SETTING D'AULA POLIFUNZIONALE (ISOLE- COPPIE- SINGOLI – OUTDOOR (GITA))
- MESI: MARZO E APRILE

COMPETENZE CHIAVE PER L'APPRENDIMENTO (22/05/2018)

- COMPETENZE DIGITALI
- COMPETENZA PERSONALE, SOCIALE E CAPACITA' DI IMPARARE AD IMPARARE
- COMPETENZA MULTILINGUISTICA

ASSESSMENT

- FORMATIVA:
 - SONDAGGIO DIAGNOSTICO (KWL CHART)
 - PROVA IN ITINERE
 - SOMMATIVA:
 - GRIGLIA DI VALUTAZIONE PER COMPITO DI REALTA'
 - AUTOVALUTAZIONE:
 - SCHEMA GUIDA
 - KWL CHART

APPROCCI DIDATTICI E METODOLOGIE:

ESA (ENGAGE – STUDY – ACTIVATE)

COOPERATIVE LEARNING

PEER-TO-PEER



KWL CHART

OBIETTIVI: sondaggio diagnostico e students' self-assessment

What I KNOW	What I WANT to learn	What I've LEARNT
WHAT CAN I IMPROVE WHEN WORKING WITH MY GROUPMATES?		

FASE 1

OBIETTIVI:

- identificare e comprendere espressioni e lessico specifico per saperli poi riutilizzare in modo pertinente ed efficace;
- conoscere e riconoscere gli aspetti socio-culturali e culinari della cultura britannica.

0:25

Meat



A
 COUNTABLE

B
 UNCOUNTABLE

x2 Score 50:50 Extra Time

2 of 35

COUNTABLE AND UNCOUNTABLE FOOD NOUNS

ENGAGE

There isn't ... sugar in the cupboard

A **some** B **much**

Countable / Uncountable nouns

Countable		Uncountable
Singular	Plural	Singular only
a tomato	two tomatoes	milk
an egg	two eggs	pasta

some / any

Countable	Uncountable	
Singular	Plural	Singular only
There's an egg.	There are some eggs.	There's some bread.
There isn't an egg.	There aren't any eggs.	There isn't any bread.
Is there an egg?	Are there any eggs?	Is there any bread?

frasi affermative
frasi negative
frasi interrogative

a lot of / much / many

Countable	Uncountable
There are a lot of eggs.	There's a lot of bread.
There aren't many eggs.	There isn't much bread.
Are there many eggs?	Is there much bread?

frasi affermative
frasi negative
frasi interrogative

STUDY

	COUNTABLE	UNCOUNTABLE	TRADUZIONE
SOME (+ / ?)	✓	✓	Dei/degli/alcuni... Un po' di
ANY (- / ?)	✓	✓	Dei/degli/alcuni... Un po' di
A LOT OF (+)	✓	✓	Molto/molta molte/molti
MUCH (- / ?)	✗	✓	Molto/molta molte/molti
MANY (- / ?)	✓	✗	Molto/molta molte/molti
A FEW (+)	✓	✗	Alcuni /alcunE pochI/pochE
A LITTLE (+)	✗	✓	pocO /pocA
HOW MUCH...? (?)	✗	✓	QuantO /quantA...?
HOW MANY...? (?)	✓	✗	QuantI /quantE...?

ACTIVATE

Unit

5 Time to eat

1 ...pasta...
2 _____
3 _____
4 _____
5 _____
6 _____
7 _____
8 _____
9 _____
10 _____
11 _____
12 _____
13 _____
14 _____

Food and drink [1]

1 Match the words below to the pictures (1-26).

sandwiches • apples • orange juice •
burgers • carrots • cheese • oranges •
chicken • chocolate • cola • eggs •
tomatoes • grapes • ham • mayonnaise •
milk • bananas • onions • potatoes •
water • pasta • sausages • peas •
rice • bread • salmon

2 Listen and check. Then listen and repeat.

CULTURAL CORNER GROUP WORK

Skills and Culture

LET'S EAT IN BRITAIN!

Hangry in Britain? What do you eat and where do you go?
Well, a chippie is a **must**, especially in seaside towns. You buy fried fish and chips, wrapped in paper to take away. Put a little salt and vinegar on them ... Delicious!

Meat **pies** and Cornish **pasties** (from Cornwall obviously) are other typical British take-away foods. You can buy pies and pasties in special shops in any town. There are millions of types of pies, but steak or chicken are the classic fillings.

At lunch times, lots of people buy a sandwich from a sandwich bar to eat outside. Sandwich bars also sell cold drinks and coffee and tea you can take away in big paper cups.

If you want to sit down for a light lunch, try a coffee shop. They serve toasted sandwiches, soup, salads and cake!

Pubs are good places to eat traditional British dishes like sausage and mash, fish and chips – or roast beef and Yorkshire pudding with lots of **gravy**. And a roadside café is the place for a British fried breakfast.

Finally, enjoy a traditional afternoon tea in a **teasy** tea room – a selection of sandwiches, sweet bread (scones) with cream and jam, and big slices of cake and tea of course!

24 twenty-four

5 Culture Bank

a chip butty
Fish and chip shops, or chippies, are common in the UK and Ireland. But did you know these shops sell other foods? For instance, the **chip butty** is a sandwich with bread, butter and... chips! Many people add salt, vinegar and ketchup. Some chippies also sell desserts.

deep-fried Mars bars
Fried desserts. The **deep-fried Mars bar** started in Scotland in 1992, but now chippies sell it all over the UK. The outside of the chocolate bar is **batter**!

black pudding
The British and Irish love sausages. But look out for a special type of sausage called **black pudding**. This sausage contains **pork**, **oats** and **pig's blood**! It is often part of a full English or Irish breakfast.

Not all unusual British food is unhealthy, of course. **Marmite**, for example, is a black **paste** with a strong **salty** flavour and the British often put a little on toast. It contains vegetables, **spices** and... **yeast**. It's suitable for vegetarians and it's got lots of vitamins in it. But people have got strong opinions about Marmite. People **either** love it or hate it.

There aren't many sweet shops in the UK and Ireland now, but you can still find rock, especially in towns near the sea, like Brighton. **Rock** is a sweet in the shape of a cylinder, usually about 20 cm long. There are usually some words in the middle of the rock.

Glossary

fried: fritti	paste: crema
batter: pastella	salty: salato
look out for: fate caso a	spices: spezie
pork: maiale	yeast: lievito
oats: avena	either: o
pig's blood: sangue di maiale	

Citizenship
Nel Regno Unito vengono gettati nei rifiuti oltre 7 milioni di tonnellate di cibo all'anno, di cui il 70%

PROGRESS TEST

Valutazione in itinere



Prova strutturata: Reading - Listening - Grammar

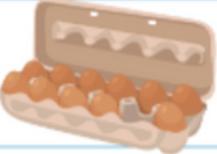
Obiettivo:

- monitorare l'acquisizione degli elementi linguistici e grammaticali

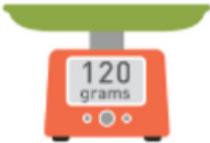
1. What is the main ingredient of their recipe?

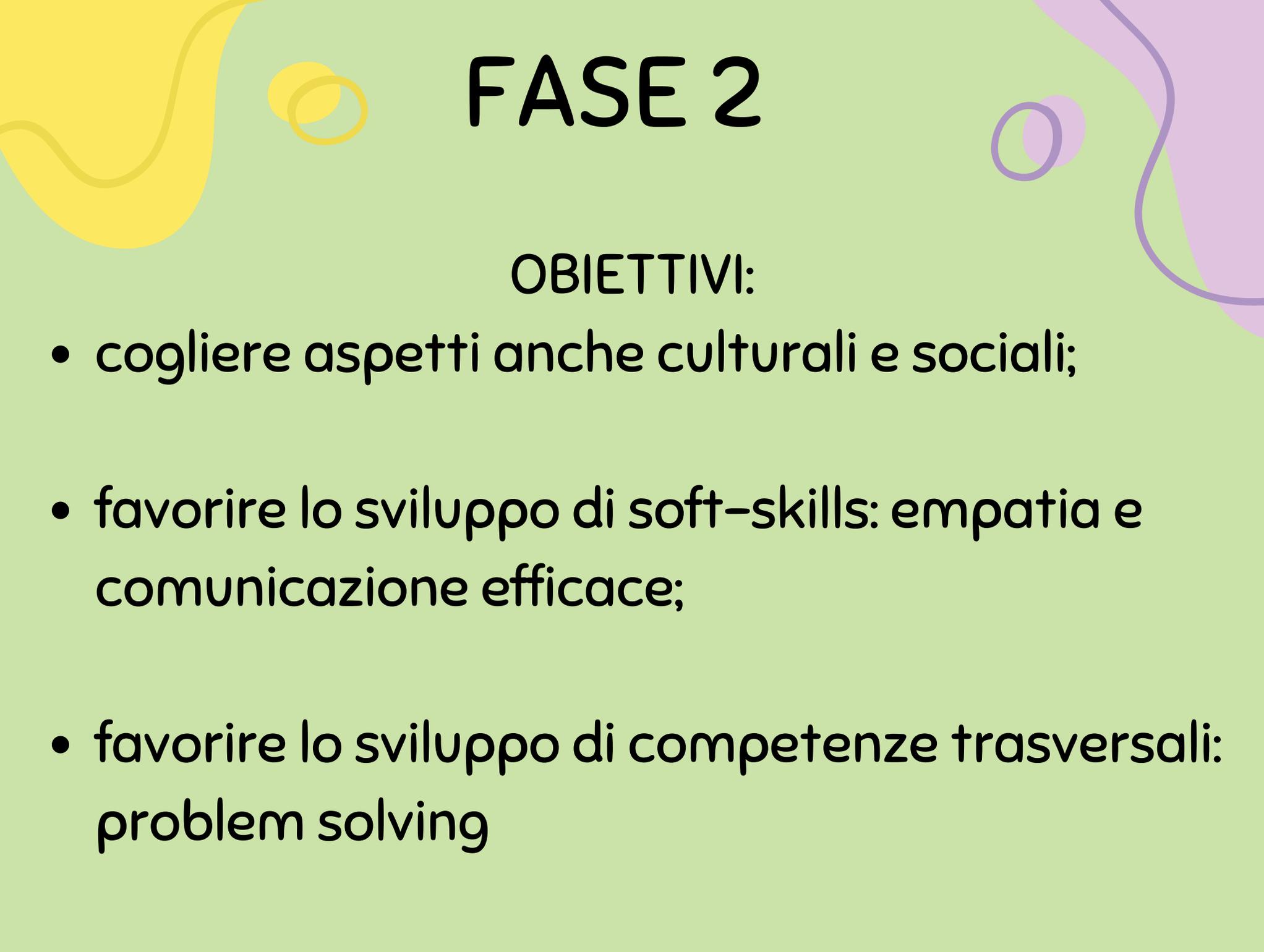
			
A. <input type="checkbox"/>	B. <input type="checkbox"/>	C. <input type="checkbox"/>	D. <input type="checkbox"/>

2. What hasn't Katie got in her fridge?

			
A. <input type="checkbox"/>	B. <input type="checkbox"/>	C. <input type="checkbox"/>	D. <input type="checkbox"/>

3. How much flour do they need for their recipe?

			
A. <input type="checkbox"/>	B. <input type="checkbox"/>	C. <input type="checkbox"/>	D. <input type="checkbox"/>



FASE 2

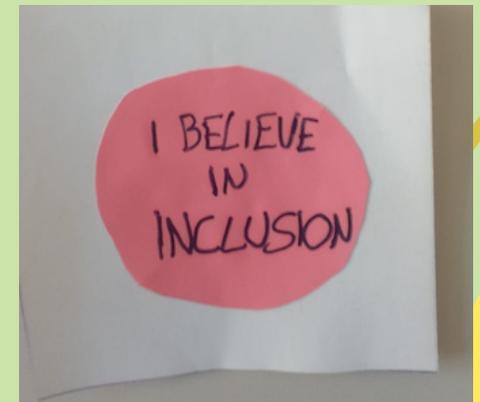
OBIETTIVI:

- cogliere aspetti anche culturali e sociali;
- favorire lo sviluppo di soft-skills: empatia e comunicazione efficace;
- favorire lo sviluppo di competenze trasversali: problem solving

RACE FOR INCLUSION

RULES OF THE GAME:

- play standing on one leg
- cut a circle out of the pink paper
- glue it on the back of the brown paper
- write "I BELIEVE IN INCLUSION" on the pink circle
- put it in the envelope
- give it to the teacher



STAND ON ONE LEG

EYES CLOSED

ONLY LEFT HAND
NO SPEAKING



GIOCO DI SQUADRA



RIFLESSIONE SUL CONCETTO DI INCLUSIONE

DISABILITA' → **AMBIENTE** → **INCLUSIONE**

...quindi la disabilità
c'è quando
l'ambiente esterno
ci ostacola?
(Asia, 2G)





DANS LE NOIR?

SpeakUp
IL PRIMO AUDIOMENSILE PER IL TUO INGLESE

11 Maggio 2014

SHARING

Sharing is at the heart of our concept. That's why, when you come to dine in our **dark room**, you share the table with other guests! A chance to discover, **without prejudice**, your table neighbours.



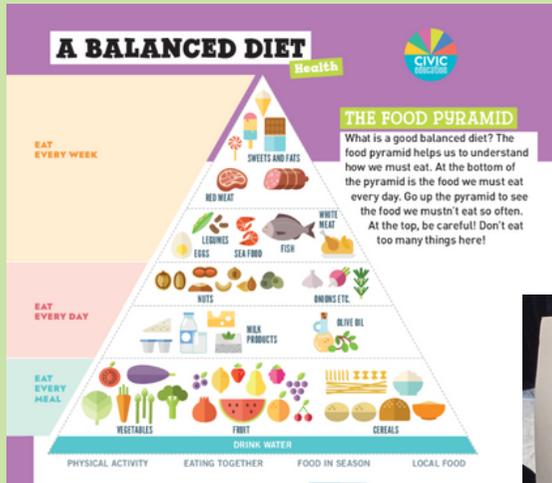
"Avrei paura"
(Angel)

"Lo farei per essere più vicino a mia nonna cieca"
(Riccardo)

"Mi sentirei in trappola"
(Achille)



A BALANCED DIET



REALIA

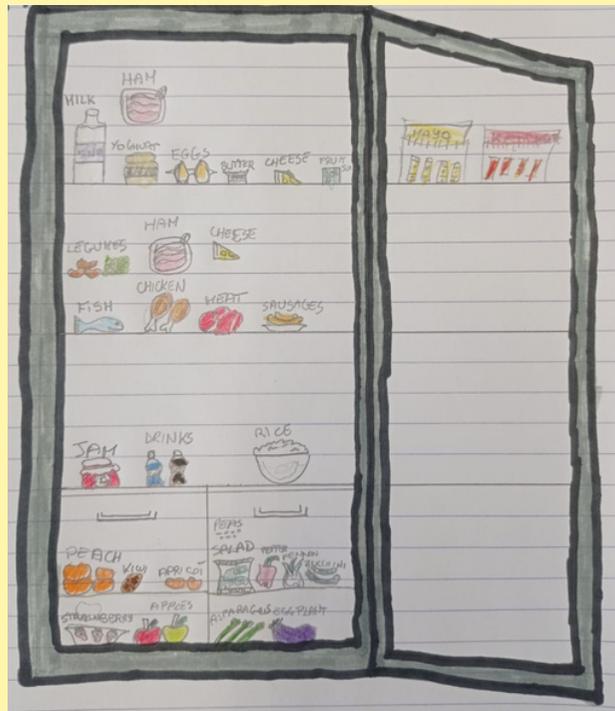
LA PIRAMIDE ALIMENTICIA



GITA AL
MACA



"FOOD IN THE FRIDGE"



FOLLOW-UP ACTIVITY

Autovalutazione: sviluppare capacità metacognitive

KWL CHART

What I KNOW	What I WANT to learn	What I've LEARNT
<p>WHAT CAN I IMPROVE WHEN WORKING WITH MY GROUPMATES?</p>		

WHAT I KNOW	WHAT I WANT TO KNOW	WHAT I LEARNT
- ALIMENTAZIONE - ALCUNI VERBI	MI PIACEREBBE SCOPRIRE DEI VERBI APPROPRIATI DELLA CUCINA, AGGETTIVI RELATIVI AL CIBO, APPROFONDIRE GLI ALLENAMENTI	MOLTA PIU' FRUTTA (I NOMI) E VERDURA UN PO' DI TIPOLOGIE DI COTTURA ALCUNE BACINELLE O CONTENITORI MA ANCHE ALCUNE TRADIZIONI DELLE VARIE PARTI DELLA GRAN BRETAGNA

WHAT I KNOW	WHAT I WANT TO KNOW	WHAT I LEARNT
<p>Pyramide alimentare</p> <p>Pyramide alimentare</p> <p>Apple</p> <p>Comasante</p> <p>Mati</p>	<p>L'origine del sushi</p> <p>come si produce il olio</p> <p>I nutrienti e I carb</p>	<p>I nutrienti, alcune cibi e verdure come si produce l'olio, l'origine della pasta alla amatriciana e alcuni verbi</p>

FOOD	WHAT I KNOW	WHAT I WANT TO KNOW	WHAT I LEARNT
K W L C H A R T	NOMI DEGLI ALIMENTI	VERBI CHE SI USANO IN CUCINA	NUOVI NOMI DI ALIMENTI
	PIRAMIDE ALIMENTARE	LA DIETA DI UN ATLETA	COME DISPORRE I cibi in modo "utile" in frigo
		APPR. I NOMI DEGLI ALIMENTI	LE PROPRIETA' NUTRIT. DEGLI ALIMENTI

GROUP WORK SELF-ASSESSMENT

	ALWAYS	SOMETIMES	NEVER
I made eye contact with the members of my group when I was talking and listening			
I shared appropriate information			
I asked some questions			
I listened to and respected all my teammates			
I spoke clearly and at an appropriate volume			
One thing I want to improve when working with my teammates:			

Autovalutazione del lavoro di gruppo

"Devo restare più concentrato"

"Devo coinvolgere di più gli altri"

"Devo essere più disponibile e più presente durante il lavoro"

"Devo essere più paziente"

"Dovrei lasciare più spazio agli altri"

FASE 3

OBIETTIVI:

- sviluppare competenze digitali (CANVA);
- sviluppare soft-skills: lavoro in team e gestione dei conflitti;
- favorire lo sviluppo della creatività.

FASE 3: Come rendere un menù inclusivo?

Competenze digitali;
capacità organizzative;
capacità comunicative.

British Traditional Food

Elemento di inclusione:
menù gluten free e lactose free

(Achille, Lavinia, Sofia
Alessandro, Riccardo)

MEMORIES

British food

Monday menù

Bubble and squeeck  It is a dish made with potatoes and cabbage after being cooked, are fried	Colcannon  It is a puree enriched with curly cabbage or savoy cabbage	Chicken stir-fry  The chicken is pan-seared with vegetables succo as peppers and broccoli
Fish n' chips  The fish is fried in oil and this eating whit frieds potatoes	Haggis  It's a traditional Scottish sausage made from sheep's entrails	Curry rice  The Rice is boiled or fried and then the chicken is added
Sunday roast  Next to the main course roasted vegetables, carrots. Cooked in the oven	Shepherd's pie  It's a meat pie covered in mashed potatoes	Sausages and mash  It's a dish of sausages and mashed potatoes usually accompanied with vegetables
Victoria Sponge Cake  It's Queen Victoria's favourite cake filled with whipped cream and strawberry and raspberry jam		

South-American Food

Elemento di inclusione:
video ricette in inglese e
spagnolo con sottotitoli
(Alisson, Andrea, Giorgia)



THE HISTORY OF EL SALVADOR

Before the arrival of the Spanish conquerors in America, the territory was inhabited by various original peoples who had already formed sophisticated social orders. With the conquest, the mayor's office of San Salvador (which in 1786 would become a mayor's office and in 1821 a province) and the mayor's office of Sonsonate would be formed; both were part of the

Captaincy General of Guatemala and the Viceroyalty of New Spain, and would acquire their independence from the Spanish Empire on September 15, 1821. After which, and after the annexation and war against the First Mexican Empire and the declaration of the absolute independence of Central America on July 1, 1823, both would become part of the United Provinces of Central America, where the then Province of San Salvador

Sonsonate would unite and the Mayor would form the State of El Salvador in 1824 to form part of the Federal Republic of Central America, as a federative entity. El Salvador would acquire its status as a free and independent republic on January 25, 1859, after separating from the Central American Federation in 1841, a union that was dissolved de facto 2 years earlier, in 1839, as the rest of the Central American states had separated from it. Leaving only El Salvador as an official member of it.

DRINK



LICUADO TEQUILA REFRESCO DE COCO

Mediterranean Food

Elemento di inclusione:

canzone tradizionale per
stimolare la multisensorialità

(Gabriele, Omar, Irene, Angel)



TUESDAY MENU IN TUNISIA



Sohlob it is traditionally made with orchid flour 	Brik à l'oeuf The thin dough used is called matsouka, and is folded into a triangle shape. 	Lablabi also made with stale bread 
CHAKCHOUKA the main ingredients are peppers, eggs, tomato sauce and spices 	Kafteji its most typical ingredients they are tabel and kaneiyka (a blended spice) and harissa (a sauce) 	SAMSA it is mostly eaten after sunset during Ramadan together with other desserts with dried fruit. 
Kaak el wark sweet taralli filled with almonds 	Sweet cous cous with fruit they usually put grapes, dried dates and pomegranate 	Harissa in different countries the secondary ingredients may vary, but the fundamental components always remain chili, garlic and oil. Harissa in Arabic means "ground". 

<https://youtube.com/playlist?list=PLZsqw9o-iq2Q0yOhM0mgLy141SNXvho9->

East-European Food

Elemento di inclusione:
menù letto con file audio incluso

(Arber, Bogdan, Elvira, Camilla)



food east europe

Menù east europe
(breakfast, lunch, snack, dinner)

BREAKFAST
Syrniki/Pleta: Frites whit chesse.
A others foods for the breakfast: Bread whit butter, thè and raki(over 14), yogur, olive and cafee.

SYRNIKI/PLETA
RAKI

LUNCH
Borsch: a soup whit beet and meet traditional Ukraine.
Tave dheu: a stew of beef whit tomato, ricotta and spices.
Drink:water, beer.

BORSCH
TAVE DHEU

Do you want some?



**WEDNESDAY
MENÙ**



BREACKFAST
Cappuccino and biscuits
(gluten free or not)
-if you are allergic to dairy products you
can drink soybean milk



STARTERS
Meatball
vegan meatball

LUNCH
Pasta: How you want it
Rice with legumes (beans)



SECONDS
white meat with vegetable
*If tou are vegan you can eat
grilled vegetable*

SWEETS
Tir a mi s ù
Fruit



SNACKS
Sandwich with
whatever you prefer
(you can eat it whit
glutee free bread)

Italian Food

Elemento di
inclusione:

menù vegano e
gluten free

(Mattia, Asia, Alessio,
Azzurra, Manuel)

**WEDNESDAY
SCHOOL
MENU
BREAKFAST**



CAPPUCCINO
Milk-coffee-sugar

BISCUITS
Flour-milk-honey-eggs-butter



LUNCH

PASTA ALL' AMATRICIANA
tomato sauce-jowls-pecorino

SNACK

FRUIT SALAD
Banana-strawbery-oranges-peach-kiwi

DINNER

**BAKED CHICKEN AND
POTATOES**
chicken-potatoes




VALUTAZIONE SOMMATIVA

Il voto sarà la somma del lavoro di gruppo e della parte di presentazione personale. Infine un feedback su cosa si può ancora migliorare.

Griglia di valutazione PRESENTAZIONE CANVA

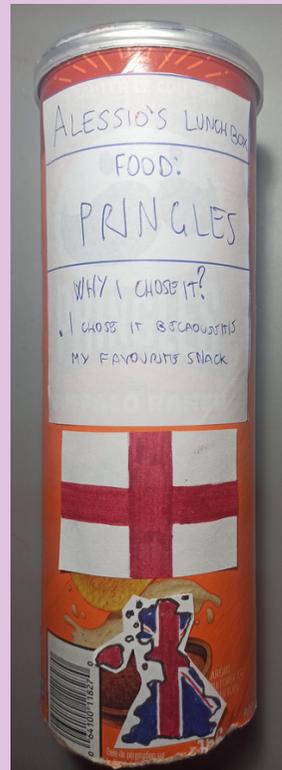
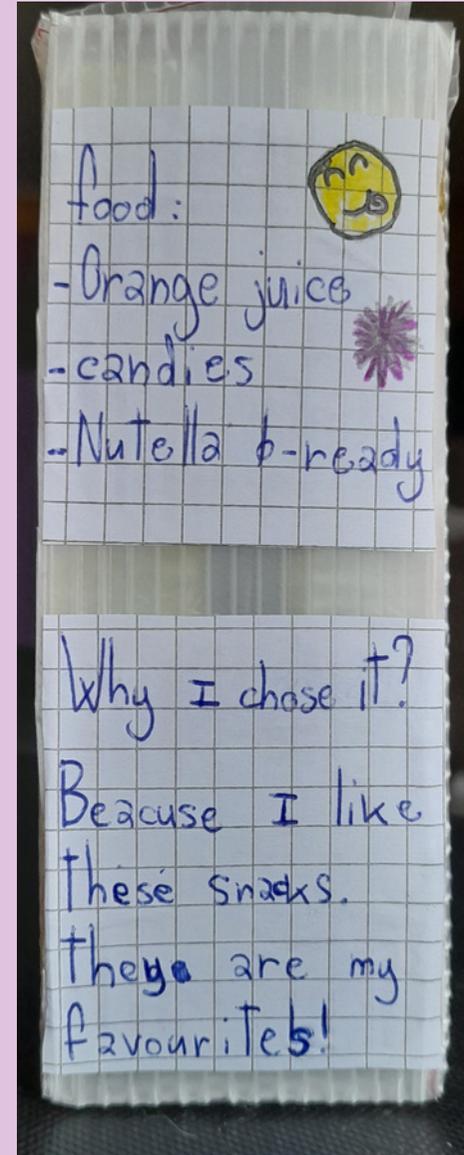
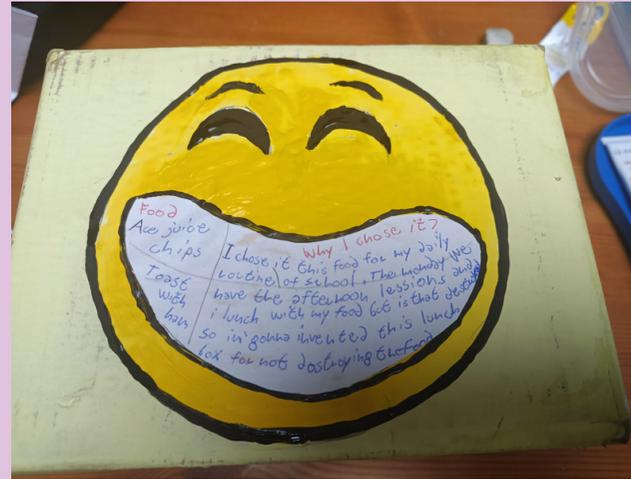
criteri		descrittori e livelli	punti
CRITERI GENERALI	contenuti disciplinari	1. completezza	... / 5
		2. correttezza / precisione	
		3. approfondimento	
CRITERI GENERALI	correttezza dei testi (orali o scritti)	4. lessico specifico	... / 5
		5. forma	
CRITERI SPECIFICI	competenze comunicative	6. integrazione tra esposizione e slide	... / 5
		7. chiarezza espositiva: progressione dei contenuti	
CRITERI SPECIFICI	competenze tecniche	10. leggibilità delle slide	... / 5
		11. coerenza grafica	
		12. personalizzazione	
FEEDBACK FORMATIVO	cosa funziona bene nel vostro lavoro:		punteggio totale
	cosa si può migliorare:		

tabella di conversione punteggio - voti

punti	≤ 8	9	10	11	12	13	14	15	16	17	18	19	20
livello	gravemente insufficiente	non sufficiente		quasi sufficiente	sufficiente		discreto		buono		molto buono	ottimo	eccellente
voto	4	4½	5	5½	6	6½	7	7½	8	8½	9	9½	10

COLLEGAMENTO INTERDISCIPLINARE

Costruzione del packaging (tecnologia) e creazione etichetta descrittiva in inglese





The art of teaching is the art of
assisting discovery.

Mark Van Doren



Vi ringrazio per l'attenzione